

Fairview Family Resource Center

Fairview Family Resource Center, a community center in High Point, provides free programs and services for families, children and individuals.

Programs include:

- Parenting groups
- Youth leadership development
- Community garden
- Afterschool activities
- Computer literacy programs
- Adult learning support



Building Safe and Healthy Families



Domestic Violence and Sexual Assault



Child Abuse and Healthy Parenting



Mental Health and Substance Use



Financial Stability



Family Service

OF THE PIEDMONT

HOW TO REACH US

THE FAMILIES FIRST CENTER

315 E. Washington Street
Greensboro, NC 27401
336.387.6161

THE SLANE CENTER

1401 Long Street
High Point, NC 27262
336.889.6161

FAIRVIEW FAMILY RESOURCE CENTER

401 Taylor Avenue
High Point, NC 27260
336.882.8907

RANDOLPH COUNTY INCREDIBLE YEARS

349 Sunset Avenue
Asheboro, NC 27203
336.259.6265



SAFEANDHEALTHYFAMILIES.COM



Family Service

OF THE PIEDMONT



HEALTHY PARENTING

Family Service of the Piedmont has several programs that offer parenting assistance which helps to prevent child abuse and neglect.

- Healthy Start
- Incredible Years
- Family Resource Center in High Point

Home-based services include:

- Counseling
- Parenting support and education
- Case management
- Bilingual caseworkers



Healthy Start

Healthy Start, a home-based support program, works with pregnant women and new parents to reduce parental stress, develop and enhance parenting skills, and improve child health and development.

This service is beneficial for caregivers with mental health concerns such as depression or anxiety.

Families receive weekly home visits that address:

- Developmental expectations
- Discipline
- Early literacy development
- Health and home safety
- Coping skills

Home visits help parents nurture their children's development and create a positive living environment for their family.

The Incredible Years

The Incredible Years®, an evidence-based parenting program, strengthens parenting competencies and fosters parent involvement in their children's development.

The curriculum places an emphasis on promoting positive interactions, relationships, and communication.

Parenting programs are grouped by age:

- babies
- toddlers
- preschoolers (ages 3 to 5)
- school age (up to age 12)

Programs run for 14 to 16 weeks in group sessions of 2 1/2 hours each. Meals and child care are provided. Assistance with transportation is available if needed.