

**FAMILY SERVICE
OF THE PIEDMONT
IS HERE FOR YOU.**

Don't face this alone!

Family Service of the Piedmont offers free crisis intervention, support, advocacy, and ongoing counseling for people who have been sexually assaulted.



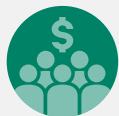
**Domestic Violence
and Sexual Assault**



**Child Abuse and
Healthy Parenting**



**Mental Health and
Substance Use**



Financial Stability

OUR VISION:

To build safe and healthy families by empowering individuals and families to restore hope, achieve stability and thrive through quality support services, advocacy and education.



Family Service

OF THE PIEDMONT

HOW TO REACH US

CRISIS LINE

336.273.7273

TOLL FREE 800.656.HOPE (4673)

THE FAMILIES FIRST CENTER

315 E. Washington Street

Greensboro, NC 27401

336.387.6161

THE SLANE CENTER

1401 Long Street

High Point, NC 27262

336.889.6161

FAMILY JUSTICE CENTER

210 S. Greene Street

Greensboro, NC 27401

336.641.7233 (SAFE)

FAMILY JUSTICE CENTER

505 E. Green Drive

High Point, NC 27262

336.641.7233 (SAFE)

NON-EMERGENCY NUMBERS

Greensboro Police 336.574.4035

High Point Police 336.883.3224

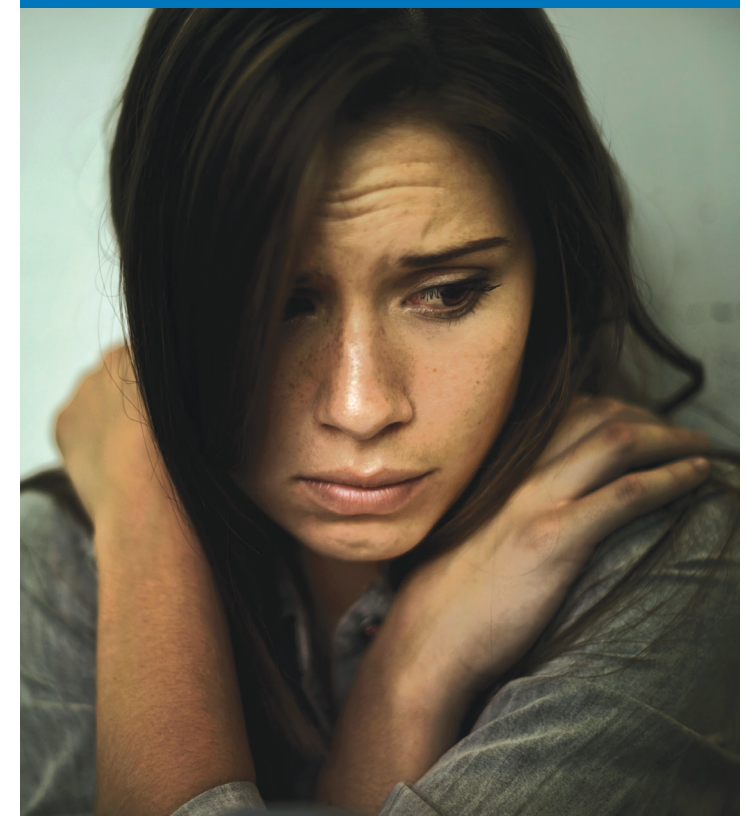


SAFEANDHEALTHYFAMILIES.COM



Family Service

OF THE PIEDMONT



SEXUAL ASSAULT



What are common reactions to assault?

- › Denial or disbelief
- › Anxiety
- › Feeling dirty
- › Shame, humiliation
- › Restlessness
- › Crying
- › Shaking
- › Feeling responsible
- › Guilt or anger

If I am assaulted, what should I do?

Crisis Line
336.273.7273

Staffed 24 hours a day/7 days a week

Speak with a trained crisis advocate who can provide emergency information and crisis intervention. Advocates can provide emotional support through a criminal trial if the victim decides to press charges.

Do's and Don'ts

DO NOT shower, bathe, or change clothes. If you have showered, bathed, or changed clothes evidence may still be collected. Bring your clothes with you to the hospital.

DO NOT straighten your apartment or home if you were assaulted there. Law enforcement may be able to collect evidence from the area.

DO NOT eat, drink, smoke cigarettes, or use the bathroom if at all possible prior to your visit to the hospital. Each of these activities can destroy vital evidence.

DO bring a change of clothes with you to the hospital. Clothes may be kept for evidence.

DO seek counseling.



Someone I am close to was assaulted... How can I help?

- › Listen - be supportive, validating, and non-judgmental.
- › Respect your friend's right to privacy.
- › Don't share details of the assault with others.
- › Encourage your friend to seek medical attention and mental health counseling.
- › Remind your friend that the assault wasn't their fault.

