Jackson's Story: Triumph Over Trauma

Twelve-year-old Jackson* was drowning in anxiety and struggling with outbursts he couldn't control.

He and his mother turned to Family Service, searching for answers - searching for hope.

From the moment he met his therapist, something shifted. In a world that often felt overwhelming and unpredictable, therapy became Jackson's safe haven. Here, he was heard. Here, he wasn't just a kid with "behavior problems" – he was a child carrying the weight of a painful and previously unspoken truth – he had been sexually abused by a cousin.

His therapist immediately helped the family navigate the steps to report the abuse, ensuring they received the necessary legal and emotional support during this vulnerable time.

Recognizing that Jackson was exhibiting significant symptoms of traumatic stress, his therapist began utilizing Trauma-Focused Cognitive Behavioral Therapy (TF-CBT), a specialized approach designed to help children like Jackson make sense of their experiences and find a path forward.

Together, Jackson and his mother committed to the journey. It wasn't easy. But session by session, they worked through the pain. One of the most powerful moments in his therapy was the creation of his trauma narrative – a deeply personal process that allowed him to reclaim his story, and take back the power that had been stolen from him.

And then, something incredible happened. The anxiety loosened its grip. The outbursts became less frequent. Jackson was no longer just surviving - he was healing.

This is why Family Service exists. To provide a lifeline, to mend what feels broken, and to remind children like Jackson that healing is possible - and that they don't have to do it alone.

*Client name changed to protect confidentiality. Photo is stock image.



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IMPACT ON OUR COMMUNITY

DOMESTIC VIOLENCE



96% **OF CLIENTS**

who stayed in our domestic violence shelters went home to a non-violent living situation.

FINANCIAL STABILITY



OF FAMILIES

were able to pay their bills on time after participating in credit counseling.

CHILD ABUSE



OF FAMILIES

of families at high risk of child abuse or neglect did not receive Department of Social Services reports while receiving Healthy Start services.

MENTAL HEALTH



77%

OF CHILDREN

displayed significantly improved functioning after three counseling sessions.

LETTER



from the president

As we welcome the renewal of spring, we are reminded that with every season comes the promise of growth and hope. At Family Service of the Piedmont, that hope is reflected in the unwavering care and compassion our staff bring to their work each day.

As the need for our programs continues to grow, our staff rise to the occasion offering support, restoring hope, and transforming lives. Whether helping individuals on their journey to mental wellness, providing safety and support to victims of domestic violence, or guiding families toward financial stability, their dedication makes a powerful difference.



We are especially excited about the expansion of our child mental health services in Greensboro, made possible by a generous grant from the Leon Levine Foundation. This vital support will allow us to reach more children in need, providing them with life-changing counseling and therapeutic services.

At the same time, we are actively shaping our future through the development of a new strategic plan-a roadmap that will help us meet emerging needs and strengthen our impact in the years ahead.

While we celebrate these milestones, we remain mindful of the challenges ahead. Funding uncertainty, particularly for our victim services, weighs heavily. Yet, we stay true to our mission.

With the support of our dedicated team, generous partners, and caring community, we will continue to bring hope and healing to the children and families who turn to us in their time of need.

Thomas Carpbell

Tom Campbell President and CEO



Strengthening Communities through Outreach

Family Service of the Piedmont's Outreach Team builds connections and fosters trust to create lasting impact. Formed in response to community requests for education, training and advocacy, the team

consists of five advocates addressing key issues, including child abuse and neglect, human trafficking, domestic violence and sexual assault, financial abuse and LGBTQ+ issues.

Through networking events, specialized trainings, and awareness campaigns the team reaches over 10,000 people each year.

The team is available to speak to community organizations, businesses, schools, and faith groups on a range of critical topics.

From educating professionals on recognizing signs of abuse to empowering individuals with tools for prevention, their presentations are tailored to meet the unique needs of each audience.

By embedding the team with intention in the community, we are able to more effectively reach those who may need our services.



The Outreach Team and Victim Services staff hosted "Shattering Silence," a workshop on domestic violence in October.

To learn more or request a speaker, contact Stephen Fletcher at stephen.fletcher@fspcares.org.

Smart Giving: Maximizing Your Impact

Did you know there are ways to support Family Service that benefit both you and the more than 26,000 children, adults and families we serve?

Smart giving options allow you to make a lasting impact while maximizing tax advantages.

To learn more about these giving strategies, contact Heather Renshaw at (336) 801-1135 or visit our website at www.fspcares.org.

Smart Giving Options

Qualified Chairtable Distributions (QCDs): If you're 70½ or older, you can donate directly from your IRA, reducing your taxable income.

Stock: Donations of stock can be up to 20% more valuable than selling the stock and donating the proceeds, and most donors can claim a tax deduction for the stock's full value.

Cryptocurrency: Donating crypto can be taxefficient and supports innovative giving.

Donor-Advised Funds (DAFs): Contribute to a DAF and recommend grants to us over time, ensuring flexibility in your philanthropic planning.

The Leon Levine Foundation Awards Grant to Expand Child Clinical Services

Family Service of the Piedmont is excited to announce a grant from The Leon Levine Foundation in the amount of \$750,000 to expand child clincial services.

The grant will enable Family Service to:

- Expand access to evidence-based, trauma-focused services for underserved children and families.
- Onboard clinicians earlier to improve access to care.
- Expand psychiatry, medication management, case management and medical support services in Greensboro.
- · Offer competitive salaries to attract skilled clinicians.

This generous support from The Leon Levine Foundation will help us make a lasting impact in our community, ensuring more children and families receive the critical care they need.

About The Leon Levine Foundation

Established in 1980 by Leon Levine (Founder and Chairman Emeritus of Family Dollar Stores, Inc.), The Leon Levine Foundation supports programs and organizations that improve the human condition through investments in education, healthcare, human services, and Jewish values. Based in Charlotte, N.C., the Foundation invests in nonprofits across North Carolina and South Carolina with strong leadership, a track record of success, and a plan for financial sustainability. Through its investments, the Foundation intends to create pathways to self-sufficiency, champion strategies for permanent change, and facilitate opportunities for growth. Learn more online at www.leonlevinefoundation.org or follow on Twitter and Facebook@LeonLevineFdn.

Dedicate Your Birthday on Facebook to Those in Need

Is your birthday coming up? Do you use Facebook?

Instead of gifts, help people in our community address domestic violence, overcome child abuse, improve their mental health and become financially stable by having a birthday fundraiser for Family Service of the Piedmont.

To create a fundraiser, follow the easy steps at Facebook.com/fundraisers.





A Dazzling Debut: Celebrating the Inaugural Bon Temps Ball

The Guild of Family Service of Greensboro introduced the Bon Temps Ball as its newest fundraiser on January 25th at Starmount Forest Country Club. This festive celebration of Mardi Gras spirit brought guests together to wine, dine, and dance — all in support of building safe and healthy families.

The interactive fundraiser featured live music by Sleeping Booty, a wine wall, cigar bar, bourbon tasting, silent auction, photo booth, and a raffle for a Roberto Coin diamond necklace donated by Fink's Jewelers.

With support from presenting sponsor Woodruff Family Law Group/ Woodruff Ensley Foundation, and Honorary Chair Carolyn Woodruff, the Bon Temps Ball was a resounding success and raised critical funds for Greensboro programs of Family Service of the Piedmont.

Guests celebrated the theme of the evening in style with dancing in the lavishly decorated ballroom, sipping fine bourbons, sampling cigars on the outdoor patio, bidding on carefully curated silent auction items (and trips!) and of course - beer, wine and decadent food provided by Starmount.

A sincere and heartfelt note of appreciation to the Guild of Family Service of of Greensboro, event chairs and volunteers, for it was truly their hard work that made the Bon Temps Ball so spectacular.

Happily, the event raised over \$123,000 to combat domestic violence, sexual assault, child abuse, mental health and substance use challenges, and financial instability in the community.









Honorary Chair Carolyn Woodruff and Guild Co-President Julie Brennan lead off the Parade of Sponsors.





High Point Makes Waves at the 31st Annual Oyster Roast

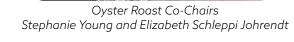
On Friday, March 7th over 500 supporters gathered at Congdon Yards for an unforgettable evening benefiting Family Service of the Piedmont. The event celebrated the organization's mission to build safe and healthy families in High Point, and the community turned out in full force to show their support.

Guests enjoyed freshly shucked oysters, and a delicious dinner from Pepper Moon Catering, snapped fun memories at the 360 Photo Booth, and danced the night away to live music by the band Punch!

Adding extra sparkle to the night, Simon Jewelers and High Point Jewelers and Fine Gifts partnered up and generously donated three stunning pieces of jewelry for the raffle.

The evening kicked off with the Pearls of the Oyster Roast pre-party, presented by Pinnacle Bank and catered by Earl's Landing.

This special gathering honored our top sponsors (\$2,500 Shelter Level and above), at The Art Gallery (TAG) where guests admired breathtaking works from the "Soul of Appalachia" exhibit, which showcases Western North Carolina-based artists impacted by Hurricane Helene.



Thanks to the generosity of our sponsors, donors, and attendees, we raised over \$208,000 to support life-changing programs for individuals and families in need. Your support makes all the difference. Thank you for helping us create a safe, healthier High













safeandhealthyfamilies.com 336-387-6161



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